

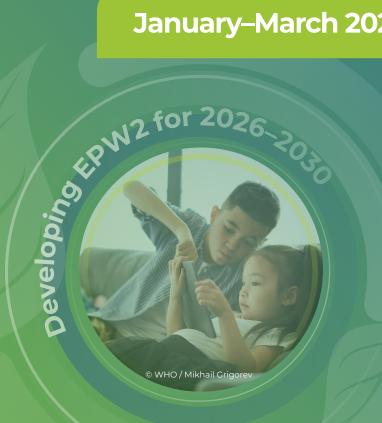






EUROPEAN ENVIRONMENT AND HEALTH PROCESS NEWSLETTER

January–March 2025



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1. EDITORIAL

It is a pleasure to welcome you to this spring issue of the <u>European</u> Environment and Health Process (EHP) newsletter.

The year started with series of online public hearings held to support the development of the second European Programme of Work (EPW2), which is a collaborative effort to tackle emerging health priorities in the WHO European Region. With climate change posing growing risks to public health, EPW2 integrates it as one of the core focuses, driving actions for healthier, more sustainable communities. This is an important milestone for the EHP, as EPW2, covering the period 2026–2030, will guide Member States and stakeholders in advancing environment and health commitments, aligned with the Budapest Declaration and its roadmap. For more, follow the top story on the next page.

As you read on, you will discover more about EHP activities across various countries, gain insights from efforts addressing health challenges linked to the triple crisis of climate change, environmental pollution and biodiversity loss, and stay up to date with newly published materials.

Enjoy the read! EHP Secretariat









2. TOP STORY

Developing EPW2 for 2026–2030

Powerful currents referred to as megatrends are reshaping our world: ageing populations, the growing climate crisis, strong commercial interests, rising inequalities and rapid advances in digital technologies, among others.

Following the nomination of Dr Hans Henri P. Kluge to serve a second term as the WHO Regional Director for Europe, work is underway to develop EPW2. The overarching goal is to unite the Region's 53 Member States to work towards a healthier, fairer and more sustainable future for all people.

EPW2 will tailor WHO's global health priorities as agreed in the 14th General Programme of Work (2025–2028) to the European Region context, and accelerate action to achieve the Sustainable Development Goals. The Budapest Declaration is driving policy development in EPW2's environment and health area, spearheaded by the WHO European Centre for Environment and Health (WHO ECEH), in partnership with countries.

A series of online public hearings on co-creating and co-owning EPW2

In March, the WHO Regional Office for Europe (WHO/Europe) wrapped up an unprecedented series of virtual public hearings to shape EPW2. Over the series of five hearings there were 8000 views of both the live sessions and recordings, with 5571 participants registered to the zoom platform. Participants came from many different groups, including government institutions, nongovernmental organizations, academia, United Nations bodies, the private

sector, business associations, philanthropic foundations and other organizations. The level of engagement was truly inspiring and helped to harness diverse perspectives and proposals on how to address the megatrends impacting health and environment across the WHO European Region up to and beyond 2030. Insights will be captured in a paper to support EPW2 policy document.

Shaping a resilient and healthy future faced with climate change

The fourth hearing, <u>Climate Change and Health:</u>
<u>Shaping a Resilient Future</u>, took place on 28
February 2025. Plenary discussions presented the climate policy, science and connections to health outcomes, enriched by subnational

and city-level experiences, alongside youth perspectives.

Ms Katrín Jakobsdóttir, former Prime Minister of Iceland, and future chairperson of the upcoming









Pan-European Commission on Climate and Health, emphasized the need to unlock political commitment to transform climate-health action. She highlighted ambitions to drive both mitigation and adaptation efforts and to develop pragmatic solutions.

Five thematic breakout sessions facilitated active participation and allowed the discussions

to delve more deeply into key areas of the topic such as health security, equity, strengthening health systems for the future, and the growing burden of noncommunicable and infectious diseases due to climate change.

For more on the hearing highlights, please read the <u>event notice</u> available on the WHO/Europe website.











3. COUNTRY ACTIVITIES

Strengthening air quality and health in Georgia: a workshop empowers experts to tackle pollution risks

Starting from 10 February 2025, WHO ECEH and the WHO Country Office in Georgia organized a 5-day training entitled, Air Quality and Health–Strengthening Capacities in Assessing Health Risks of Air Pollution: Use of AirQ+ and CLIMAQ-H Tools, as part of the European Union-funded project Air Quality for Better Citizens' Health. The event brought together 25 specialists from the National Center for Disease Control and Public Health, the Ministry of Environmental Protection and Agriculture, the National Environmental Agency and the National Statistics Office. Experts

shared insights on the health impacts of air pollution, particularly in the context of climate change and economic factors, and introduced the AirQ+ and CLIMAQ-H tools to strengthen participants' capacity in assessing air quality risks and screening interventions that maximize co-benefits. The workshop emphasized the importance of collaboration between public health and environment specialists in tackling air pollution to improve citizens' health. This workshop follows a previous one held for Kazakhstan and Kyrgyzstan in 2023, contributing to enhanced capacities in the Region.

Advancing collaboration and preparedness to strengthen the One Health approach in Turkmenistan

On 23 January 2025, the second National Intersectoral Coordination Committee on the One Health approach in Turkmenistan reviewed the progress of 2024 activities under the One Health approach and discussed opportunities and an action plan for capacity strengthening in 2025. Additionally, the progress of the Pandemic

Fund project Prevention, Preparedness and Response to Pandemics within the One Health initiative in Turkmenistan (2024–2027) was reviewed.









Water safety planning in Ukraine: a key step towards sustainable drinking water management

On 12–13 March 2025, WHO ECEH and the WHO Country Office in Ukraine, in collaboration with the United Nations Children's Fund, the Ministry of Health of Ukraine and key governmental stakeholders, held a <u>national consultation on water safety planning</u> in Kyiv. The consultation is a key step towards developing a national roadmap/programme supporting the long-term uptake of the WHO-recommended water safety

planning approach in Ukraine in accordance with the requirements of the European Union Drinking Water Directive. The roadmap will serve as a guide and help accelerate the country's progress in the implementation of a risk-based approach to the management of drinking water at all stages of the water supply chain







Photo: Participants from the national consultation on water safety planning, Kyiv, Ukraine, 12–13 March 2025 © WHO









4. RECENT EVENTS

In the past three months several exciting events in the field of environment and health have taken place; a few of which are highlighted below:

8-9 January 2025, Bonn, Germany

WHO ECEH has advanced the development of an updated, second edition of WHO/Europe's Heat-health action plans guidance, financially supported by the European Commission. The WHO Document Development Group and invited experts met in Bonn to discuss evidence-based, user-friendly information for heat-health prevention stakeholders in the form of user action briefs and a public health message bank. The work aims to deliver clear, actionable advice as part of the Heat-Health Action Plans guidance, empowering stakeholders to implement effective, health-protective measures against heat-related risks.

30-31 January 2025, Geneva, Switzerland

Participants at the 33rd meeting of the Bureau of the United Nations Economic Commission for Europe (UNECE)–WHO/Europe Protocol on Water and Health discussed the design and thematic priorities for the programme of work for 2026–2028 in the context of the preparations of the seventh session of the Meeting of the Parties to the Protocol on 5–7 November 2025 in Budapest, as well as progress in implementation of the current programme of work.

12-13 February 2025, Belgrade, Serbia

WHO ECEH held a 2-day training on human biomonitoring (HBM), which gathered 37 participants, mostly national experts from Serbia and was also open to the members of the EHP Partnership on HBM. The training curriculum is be based on the WHO educational course on HBM and covered the basics of HBM as well as emerging issues such as the principles and objectives of HBM; biomarkers; planning and conducting HBM surveys; laboratory analysis and data management; and examples of HBM of chemicals of public health concern. Organized under the umbrella of the EHP Partnership on HBM, the course aimed to strengthen HBM capacity in Serbia and to allow sharing of knowledge and expertise between international and national experts.









4 March 2025, Belgrade, Serbia

A workshop entitled Healing Cities: Integrating Nature in Urban Planning for Mental Well-Being, organized by the World Bank Global Facility for Disaster Reduction and Recovery, brought together experts from the World Bank, the Barcelona Institute for Global Health, WHO ECEH and Local Governments for Sustainability to discuss how greener cities can contribute to health and well-being.

19-20 March 2025, Geneva, Switzerland

The Global workshop on increasing climate resilience with focus on floods and health on the transboundary and national levels, jointly organized by the UNECE Water Convention and the UNECE–WHO/Europe Protocol on Water and Health, brought together a diverse group of experts from the water, climate, environment, emergency and health sectors. Participants engaged in discussions on flood risk management, sharing the latest insights, best practices and lessons learned. The workshop fostered cross-sector collaboration, emphasizing the need for integrated approaches to enhance resilience and ensure healthy communities.

The discussions also deepened understanding of the interlinkages between these sectors and highlighted the benefits of working under the Water Convention and the Protocol on Water and Health. By integrating these frameworks, the workshop reinforced the importance of coordinated action in building flood resilience under a changing climate.

26 March 2025, Amsterdam, Netherlands (Kingdom of the) (hybrid)

The Fourth European WHO Collaborating Centres Meeting on Water took place in a hybrid format with active virtual participation of WHO/Europe and WHO headquarters. The meeting provided the opportunity for collaborating centres to discuss their programming and planning with each other and WHO counterparts, strengthen collaboration and align tasks with WHO key priorities for the coming years, including around the future programme of work of the Protocol on Water and Health, the global WHO strategy on Water, Sanitation and Hygiene and EPW2.









25-27 March 2025, Cartagena, Colombia

The WHO Second Global Conference on Air Pollution and Health brought together more than 700 participants from 100 countries, including government representatives, United Nation agencies, civil society, scientists and health societies, to accelerate action on air pollution and public health. A shared goal to reduce the health impacts by 50% by 2040 was agreed upon to save millions of lives every year. Furthermore, new funding pledges and policies were proposed as commitments. Discussions focused on accelerating clean energy access and reducing air pollution to align with WHO global air quality guidelines. For more, see the conference highlights and videos of the sessions, which are available here. Check out this news article to learn more about what the health community is calling on governments to do.









5. LATEST PUBLICATIONS AND CAPACITY-BUILDING MATERIALS

Discover the latest WHO publications, interviews and capacity-building materials in the field of environment and health, as listed below.

WHO Global Air Quality Guidelines: reinforcing the nexus between environment and health in the context of "building forward better"



This <u>case study</u> is part of a collection presenting insights from a series of science-policy dialogues to support the implementation of the <u>WHO global air quality</u> <u>guidelines</u>. The dialogues, held in 2021–2023, also focused on identifying actionable strategies for air quality management that reduce the health impacts of air pollution and mitigate climate change at regional level as well as in specific national contexts. The insights from these case studies aim to guide future efforts to reduce air pollution, improve health outcomes and advance climate action across the WHO European Region.

For insights on air quality and health from the dialogues held in different countries, please see the publications below:

Bulgaria – Improving health through improving air quality and climate action

Insights from a science-policy dialogue held in Sofia (online event), 25 February 2022



Poland – Cleaner air for better health – who, what, how and why?

Insights from a science-policy dialogue held in Warsaw (hybrid event), 16 February 2022



Kyrgyzstan – Air quality and health

<u>Insights</u> from a science-policy dialogue held in Bishkek, 14–15 December 2022











Air pollution and health training toolkit for health workers: train-the-trainers manual



The <u>toolkit</u> for health workers is a comprehensive set of training materials exploring different air pollution and health topics and reflecting global and regional challenges that can serve different types of audiences while taking into account the variety of roles within the health sector. It aims to provide health workers with the knowledge and tools necessary to understand and address the health effects of air pollution and mitigate risks by effectively engaging with patients, individuals and communities, while advocating for clean air interventions. The toolkit was built around the concept of train-the-trainer, which means trainees are enabled to become trainers and educate peers and communities.

- To access the training modules, click here.
- Click <u>here</u> to enroll for the WHO Academy course entitled Air Pollution and Health: An Introduction for Health Workers.

Report of the eleventh meeting of the Working Group on Health in Climate Change



The eleventh meeting of the Working Group on Health in Climate Change of the European Environment and Health Task Force (EHTF) (virtual, 29 October 2024) consisted of two parts: the first part addressed some core themes in the area of climate and health, while the second part was a consultation on the research agenda for climate and health in the WHO European Region. This report summarizes the first half of the meeting, which addressed topics including recent global and regional policy developments in climate and health; health sector governance for climate action; national experiences with heat–health action planning; climate change and mental health; and support for implementing climate-resilient, low-carbon and environmentally sustainable health systems.









Planning the implementation of global and regional chemical safety policies: Bonn, Germany, 4–6 June 2024: meeting report



To identify priority chemicals and actions at the regional level, the WHO ECEH organized a meeting on 4–6 June 2024 in Bonn, Germany. Training in planning strategies for health protection through the life-cycle of chemicals (example of mercury and the Minamata Convention on Mercury) followed the prioritization exercises. This <u>report</u> summarizes the results of discussions at the meeting and information on the training.

Keeping health high on the agenda: the European Health Report 2024



The European Health Report is produced every 3 years as a flagship publication by WHO/Europe. This <u>edition</u> is based on the indicators included in the WHO <u>European Programme of Work, 2020–2025 – "United Action for Better Health"</u> measurement framework.

The chapter "Climate change and other environmental impacts" analyses indicators and presents the latest data and trends that address aspects of climate change, air pollution and road traffic mortality.

Report highlights are available here.

Interesting reads

Climate Risk Index 2025

The Climate Risk Index ranks countries by the human and economic toll of extreme weather. The latest edition highlights increasing losses and the urgent need for stronger climate resilience and action. Click here for more information about the Index, as well as access to the report and highlights, available in Arabic, English, French, German and Spanish. The analysis was conducted by Germanwatch.

Global Risks Report 2025

A new report from the World Economic Forum, which presents the findings of the Global Risks Perception Survey 2024-2025, reveals an increasingly fractured global landscape, where escalating geopolitical, environmental, societal and technological challenges threaten stability and progress. The report ranks misinformation and disinformation as the top global risk over the next two years, surpassing extreme weather and state-based armed conflict.









6. EHP PARTNERSHIPS CORNER

Here, in the EHP Partnerships corner, we are excited to share some key highlights of the work being implemented by the lead countries and partners in follow-up on the <u>Budapest commitments</u>.

The EHP Partnerships is a mechanism within the EHP to accelerate national and international implementation of commitments made under the <u>Budapest Declaration</u> and its Roadmap. The EHP Partnerships bring together countries and partners with a shared interest in a specific thematic area to collaborate on a voluntary basis and leverage progress across the WHO European Region.



The latest updates on the EHP Partnerships work are provided below.



EHP Partnership for Health Sector Climate Action held its work planning meeting in Vienna, Austria

On 13–14 February 2025, the EHP Partnership for Health Sector Climate Action met in Vienna, Austria to develop its annual work plan. New members from Germany, Hungary, Israel, North Macedonia and Spain were welcomed to the Partnership. Participants also engaged in discussions on the upcoming deep dive event From risk to resilience: Effective engagement on climate adaptation for health at sub-national levels (2 April 2025, virtual), which will focus on subnational action for climate change adaptation and health. This meeting underscored the collaborative efforts to strengthen the health sector's response to climate challenges.











Second meeting of the EHP Partnership on Human Biomonitoring (HBM)

On 11 February 2025, the <u>second in-person meeting of the Partnership</u> on HBM was held in Serbia and attended by 30 representatives from 19 Member States, including five that joined the Partnership after its first meeting in late 2023. The new additions brought the number of partners to 21, reflecting an increasing interest in the work of the Partnership.

At the Partnership meeting, participants shared knowledge and best practices on HBM and agreed to a workplan to further streamline HBM in national chemical safety plans. They confirmed a focus on HBM promotion through work on communication and stakeholder engagement, planning and implementation of HBM studies, interpretation of HBM results and the development of an overview of HBM in regulatory and legal frameworks.

Following the meeting, on 12–13 February 2025, WHO held a 2-day training on HBM, which gathered 37 participants, mostly national experts from Serbia (please see section on "Recent events".



EHP Partnership on Poison Centres kicked off 2025 with online meeting

On 26 February 2025, the EHP Partnership on Poison Centres held its first meeting of the year, organized by the lead country, the United Kingdom. The virtual gathering brought together public health and toxicology professionals from across the WHO European Region to lay the foundation for continued collaboration in 2025.

The agenda included a review of recent activities and a development of a draft work plan. Key priorities discussed included enhancing public awareness, strengthening poison centre support, building operational capacity, developing toxicology training, and establishing national toxicological guidelines.











The EHP Partnership on Youth, co-lead by the International Youth Health Organization, in collaboration with Izmir University of Economics – Medical Faculty and with the support of WHO ECEH held a Youth Event: Empowering Future Healthcare Leaders to Shape Planetary Health (Izmir, Türkiye, 14–16 March 2025). A high-level conference brought together experts and youth to share insights on planetary health, sustainable education, EHP, and the intersection of nature and health. The event featured thought-provoking discussions, with professionals offering both scientific and personal perspectives on the urgent need for sustainable health-care solutions.

Call to express the interest in joining the EHP Partnership on Youth

Why join?

- Be part of a growing network of organizations, institutions and stakeholders working to ensure that youth perspectives shape policies and actions.
- Strengthen impact by collaborating on advocacy, capacity-building and technical support for meaningful youth engagement.
- Access knowledge and resources through training, meetings and strategic partnerships across the WHO European Region.

Who can join?

- The membership of a Partnership is primarily for Member States, their relevant institutions at national or subnational level (as appropriate to the scope of work of the Partnership) and recognized stakeholders of the EHTF, but can be extended beyond the EHTF members.
- Youth and non-youth organizations committed to empowering young voices.
- Entities engaged in policy, capacity-building and advocacy related to environment and health.

How to express the interest?

Express your interest to join the Partnership by filling in this <u>form</u>, which was developed by the leads of the Partnership.

For more information, read the news item.











On 13–14 March 2025, the Transport, Environment and Health (THE PEP)/EHP Partnership on Healthy Active Mobility Partnership meeting on walking brought together representatives of Member States, intergovernmental organizations and nongovernmental organizations, including relevant experts and stakeholders, to explore key aspects of pedestrian safety in Rotterdam, Netherlands (Kingdom of the). Attendees dived deeper into the topic, drawing inspiration from examples presented from Rotterdam and discussing the initial steps for implementing the Pan-European Master Plan on Walking. The event also provided a valuable opportunity for networking, allowing participants to engage with partners of the STEP UP (Strengthening the Effectiveness of Policies for European Pedestrians) project and strengthen collaborations for safer, more walkable cities.









7. NEWS FROM EHP STAKEHOLDERS AND PARTNERS

Our dedicated partners and environment and health stakeholders have been working tirelessly to create a positive impact. Below you will find a selection of their latest activities.

The European Climate Pact flagship event 2025: Together in action

The <u>European Climate Pact</u> is a movement of people united around a common cause, each taking steps in their own worlds to build a more sustainable Europe. Launched by the European Commission, the Pact is part of the European Green Deal and is helping the European Union to meet its goal to become climate-neutral by 2050. This year's <u>annual event</u>, held on 19 March 2025 in Brussels, Belgium, offered insights into key topics such as climate adaptation, youth activism, inclusive climate action, overcoming eco-anxiety and the role of artificial intelligence in climate action.

State of the Global Climate 2024 by the World Meteorological Organization

The <u>State of the Global Climate 2024</u> report underlined the massive economic and social upheavals from extreme weather and the long-term impacts of record ocean heat and sea-level rise.

Featured articles explore progress towards the Paris Agreement goals and the drivers behind 2024's record heat. Supplementary reports detail climate services and major events, including floods, droughts, tropical cyclones and wildfires, underscoring the urgent need for stronger early warning systems and investment in climate services to protect lives and livelihoods.

Global Fund unveils pioneering climate and health fund to accelerate global action

The Global Fund, in collaboration with the Gates Foundation and Sanofi, through its philanthropic organization Foundation S, has launched a US\$ 50 million <u>Climate and Health Catalytic Fund</u>. This initiative aims to help countries and vulnerable communities tackle the health impacts of climate change while building low-carbon, climate-resilient health systems.









World Bank publication on accelerating access to clean air for a livable planet

This new <u>report</u> identifies the main sources of air pollution in the world today, with a focus on ambient fine particulate matter (PM2.5). It deploys scenario modeling to assess the extent to which current air pollution policies will reduce exposure to PM2.5 by 2040, and to show how adopting an integrated suite of decarbonization and air quality management policies could yield significant progress towards clean air, with substantial co-benefits. The report also assesses strategies and financing requirements to mobilize clean air investments, and emphasizes the features of effective air quality management governance.

Briefing on how clean air action can help address socio-economic health inequalities by the Health and Environment Alliance (HEAL)

As European Union member states, regional and local authorities prepare to implement the revised Ambient Air Quality Directive, this <u>briefing</u> highlights the importance of addressing socio-economic inequalities in clean air efforts. The briefing is now available online in multiple languages: <u>English</u> as well as <u>Dutch</u>, <u>French</u>, <u>German</u>; <u>Italian</u>, <u>Polish</u> and <u>Spanish</u>.









8. UPCOMING EVENTS AND INITIATIVES

Listed below are the upcoming events and opportunities to look forward to.

Third expert meeting on updating the core elements of the updated, second edition of the WHO *Heat-health action plans guidance* (7–8 May 2025, Bonn, Germany).

2nd meeting of the EHP Partnership on Risk Reduction in the School Environment (8–9 May 2025, virtual). Register <u>here</u>.

Transatlantic Dialogue on Climate Change and Mental Health (8 May 2025, virtual). Register here.

9th meeting of THE PEP Partnership on Child- and Youth-Friendly Mobility (16 May 2025, virtual).

15th meeting of the Working Group on Water and Health (13–14 May 2025, Geneva, Switzerland) followed by the 34th meeting of the Bureau of the UNECE–WHO/Europe Protocol on Water and Health (15–16 May 2025, Geneva, Switzerland).

9th-Bonn Dialogue on Environment and Health "Nature-Based Solutions and Health" (22 May 2025, 10:00–12:00 CEST, virtual). Register here.

Seventy-eighth World Health Assembly (19–27 May 2025, Geneva, Switzerland).

28th meeting of the <u>Joint Convention/WHO Task Force on the Health Aspects of Air Pollution</u> (20–21 May 2025, virtual).

10th Bonn Dialogue on Environment and Health: Kicking off the "Let's Get Moving! 100 Reasons to Walk and Cycle More" campaign (3 June 2025, 10:00–11:00 CEST, virtual). Register here.

Workshop on safe sanitation for public health protection in Central Asia (3–4 June 2025, Astana, Kazakhstan), organized under the programme of work of the Protocol on Water and Health.

Workshop on wastewater and environmental surveillance for public health in central Asia (5 June 2025, Astana, Kazakhstan), organized under the programme of work of the Protocol on Water and Health.

<u>Ist International Conference: Preventing Diseases by Reducing Exposure to Harmful Chemicals, organised by HEAL (10 June 2025, Warsaw, Poland).</u>

62nd Sessions of the United Nations Framework Convention on Climate Change Subsidiary Bodies (16–26 June 2025, Bonn, Germany).









15th meeting of the EHTF (17 June 2025, virtual).

WHO European Healthy Cities Network Annual Business Meeting and Technical Conference (17–19 June 2025, Bursa, Türkiye).

44th meeting of THE PEP Bureau (19-20 June 2025, Kishinev, Republic of Moldova).

Open-Ended Working Group of the Global Framework on Chemicals (24–27 June 2025, Punta del Este, Uruguay).

Transatlantic Dialogue on climate change and equity (2 July 2025, virtual).

16th conference of the European network for the promotion of health-enhancing physical activity "Health Enhancing Physical Activity: Taking Steps Towards Sustainability" (17–19 September 2025, Kaunas, Lithuania).

12th meeting of the Working Group on Health in Climate Change (30 September 2025, virtual).

23rd Session of the Steering Committee of THE PEP (22-24 October 2025, Geneva, Switzerland).

WHO Bonn School on Environment and Health course on Nature and Health (13 October–10 November 2025, virtual).

7th session of the Meeting of the Parties to the Protocol on Water and Health (5–7 November 2025, Budapest, Hungary).

18th European Public Health Conference "<u>Investing for Sustainable Health and Well-Being</u>" (11–14 November 2025, Helsinki, Finland). <u>Abstract submission</u> for the conference is open until 1 May 2025.

THE PEP relay-race workshop (27 November 2025, Utrecht, Netherlands (Kingdom of the)).









A call for the EHTF: share experiences on the implementation of the Budapest commitments

Submit by 16 May 2025

To support the EHTF in gathering information on how countries are implementing the Budapest commitments, WHO ECEH invites you to share your experiences and good practices.

What types of examples are being sought?

Policies, projects, events (past or upcoming), publications, research, partnerships, advocacy, communication efforts and other initiatives that contribute to the Budapest commitments within the WHO European Region at subregional, national, subnational or local level.

How to submit?

For details on submission criteria, please refer to the <u>poll</u>, available in English and Russian, which we kindly invite you to complete and submit by **16 May 2025**.

For any questions, please contact the EHP Secretariat at euceh@who.int.

Call for case studies on walking or cycling and mental health for a WHO/Europe policy brief

The WHO ECEH is currently collating the evidence on the mental health benefits of walking and cycling. To support this work, WHO/Europe is now seeking promising intervention approaches and case studies to be featured in a policy brief for professionals and decision-makers.

These case studies:

- can address any target audience
- must include walking or cycling
- can be a community or research project
- should show a measurable effect on aspects of mental health.

Suggestions for case studies that demonstrate the mental health benefits of cycling and walking can be sent to euceh@who.int by **5 May 2025**. Submissions are welcome in English, French, German or Russian.

Thanks for your contributions, and please share this call widely!

This project is generously supported by the Swiss Federal Office of Public Health.









9. CONTACT US

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